

Fulfilling your loved one's wish to spend final days at home

Patient is dying and expresses the wish to die at home



Discussion with the medical team



Decision for compassionate discharge*

Preparations for discharge



Journey back home



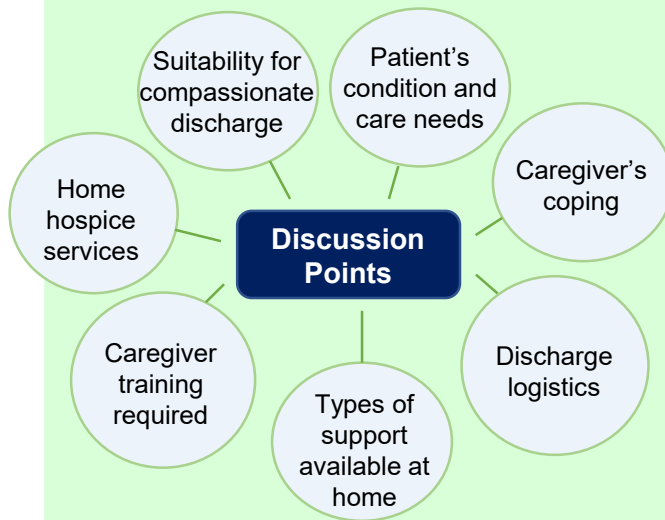
Spending last days at home



***Compassionate discharge:** A special arrangement to transfer a dying patient out of hospital to spend final days and die at home

1.

A joint discussion between you, the hospital and the home hospice team (where feasible) to plan and prepare for discharge



2.

Once the decision for discharge is made, the hospital team will proceed with preparations



Caregiver training

The hospital staff will conduct training to equip you with knowledge & skills needed to care for your loved one at home

Referral to home hospice

This is to ensure continued support for you and your loved one at home



Documents & Medications

Important information, education materials and medications will be provided to you before discharge.

Transport & Equipment

A private ambulance will be arranged to bring your loved one home. Arrangement for equipment like oxygen concentrator may also be needed.



3.

The ambulance will then bring your loved one back home

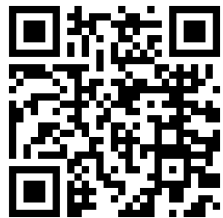
- One family member can accompany the patient in the ambulance.
- In the event that your loved one passes away on the journey home, the ambulance will still proceed to the arranged destination. Death certification can then be carried out at home.

4.

Upon reaching home, the care journey starts with the home hospice team

- The home hospice team will visit within the same day or the next working day
- Caregiver training continues at home: personal care, medication administration for distressing symptoms, recognising signs of dying
- Frequency of home hospice visits depends on the patient's condition and your needs, but they are contactable **round the clock** for assistance.

Caregiver Video Guide



English



Mandarin



Malay



Tamil

Some things to consider before making a decision:

- Is everyone at home agreeable for the discharge? Having supportive family members will help everyone cope with the physical & emotional stress during this challenging time
- Is there someone available round the clock to provide physical care? Sharing care duties is important so that everyone can take turns to rest, and that your loved one receives the care he or she needs at all times
- There is a possibility that your loved one may live beyond the expected lifespan of short hours or days. You may want to consider alternative care options if continued caregiving is required
- Everyone will have different needs during their last days of life. Some people may have symptoms that can be challenging to manage at home. If this is the case, you may want to consider allowing your loved one to be cared for in an inpatient hospice. This may also enable you to spend more quality time with him or her

Regardless of the decision, the care team will guide and assist you throughout this care journey.

Compassionate discharge Factsheet